



# Certified Practitioners



## Muscle Testing Methods for Autonomic Response

Discovery Health Solutions LLC- USA – Established the certification program in 2010 for with a decade of workshops for the Klinghardt Academy, open to medical practitioners and health coaches who have completed all levels of our workshops in Muscle Testing with a thorough knowledge of our core solutions. We are not operated or promoted by an individual supplement company like other programs teaching muscle testing techniques. Our practitioners learn proven and tested Muscle Testing Methods and Techniques including Autonomic Response Assessment Methods and we support the best biological supplement companies on the market today that provide resources to individualize protocols for patients.

Certified practitioners demonstrate by written and clinical exam the knowledge and ability to assess a patient accurately in the deepest levels to find the root cause of their symptoms. A certified practitioner participates regularly in our Discovery Health Solutions programs to keep up with the latest protocols and developments inspired by the work of Dr. Klinghardt, Dr. Louisa Williams, Dr Omura, and other great teachers of our time with integrative solutions and modalities used with muscle testing.

Each practitioner has his or her own specific modality of treatment with application of muscle testing to their techniques and are licensed to practice under their state guidelines or work with a medical licensed practitioner as a health coach.

Discovery Health Solutions LLC is not liable or responsible for the actions or private practice of those listed. You are advised to do personal research prior to seeing a practitioner.

In 2020 we will continue to certify practitioners with Discovery Health Solutions in the USA during our transition and closing of the Klinghardt Academy. Those certified practitioners may maintain a certification also through Dr Klinghardt's UK company where his UK team will also teach.

Those interested in Certifying in our Unmasking Autonomic Dysfunction Series with Muscle Testing Methods for Autonomic Response - or taking a workshop in the USA please contact us for the schedule:

Debbie Floyd- "Discovery Health Solutions- at [debbieafloyd@gmail.com](mailto:debbieafloyd@gmail.com).

Workshop registration and Certification Testing is by "appointment only" in the USA 908-899-1650.



A few of our certified practitioners collaborating at  
the DHS-KA  
September 2019 Immersion Week

## Practitioner Resource

*scroll down for Medical Practitioners and Health Coaches*

USA Certified Licensed Medical Practitioners

### California:

#### Jennifer Nelson, DC

16470 Indian Flat Rd.  
Nevada City, CA 95959

Phone: 530-913-6816 Fax: 530-478-9969

**Education/License:** University of Akron, 1970, BS,  
Dr. of Chiropractic, Life Chiropractic College, 1990

**Services:** Nutrition, adjustments, Muscle Testing Methods -Autonomic Response Testing

**Professional Organizations:** International Light Association

**KA Continuing Education:** Level 1: 2011, Level 2: 2012, Level 3: 2012, 2013, 2015. Healing the Brain, 2008, 2010, A Deep Look Beyond Lyme, 2011, Klinghardt Supportive Protocols 2011, 2018 Lyme Light Masterminds, 2019 Klinghardt Brain Masters

**Cert. practical exam** 3/13 **Written exam** 3/13 **Last Training: 2019**

#### Irina Streyluk, ND –to take the written exam

[www.drstreyluk.com](http://www.drstreyluk.com)

#### Marin Naturopathic Medicine

2144 4th Street, Suite B  
San Rafael, CA 94901

Email: [info@marinnaturopathicmedicine.com](mailto:info@marinnaturopathicmedicine.com)

Website: [www.marinnaturopathicmedicine.com](http://www.marinnaturopathicmedicine.com)

**Education/License:** Bastyr University /Naturopathic Physician, Assists Dr. Klinghardt

**Practice Specialty:** Muscle Testing Methods- Autonomic Response Testing, Lyme Disease and other conditions.

**KA Continuing Education:** ART 1, 2, 2016, Klinghardt NJ Lyme Conference 2017, ART Level 3, 2016, 2017, 2018, Injection Techniques and Skills 2017, 2018.

**Certification practical exam: 2017, Last Training: 2018**

**Rebecca Shalev, ND**

Holtorf Medical Group  
1065 East Hillsdale Blvd. Suite 108  
Foster City, CA 94404  
Ph. 650-638-1141  
HoltorfMed.com  
[DocShalev@gmail.com](mailto:DocShalev@gmail.com)

**Education/License:** Bastyr University, 2015 /Naturopathic Physician  
BA, University of California, Santa Cruz, 1993

**Practice Specialty:** Muscle Testing Methods- Autonomic Response Testing, Chronic Lyme Disease , IV Therapies, Naturopathic Primary Care and Family Medicine, Homoeopathy.

**KA Continuing Education:** Healing Lyme without Antibiotics 2014, 2017; Injection Techniques and Skills, 2014, Applied PsychoNeurobiology, 2013, Klinghardt Protocols, 2013, Autonomic Response Testing **Level 1:** 2013, 2014 ,2015, 2016; **Level 2:** 2012, 2014, 2013, 2014, 2015, 2016;

**LEVEL 3:** 2013 **Cert: practical exam and written exam 5/2015, Last Training: 2017**

**Florida:****Douglas Phillips****Theocentric Holistic Healing & Counseling**

901 Northpoint Parkway Suite 405A  
W. Palm Beach FL 33407  
**Ph: 561-848-1716**

**Education/License:** 2010: Certified as a Theocentric Holistic Healing Counselor,  
Previous 35 years in Dentistry

**Services:** Energetic Detox - Muscle Testing Methods-Autonomic Response Testing, Applied Psycho Neurobiology, Family Systemic Therapy, Chronic Pain, Nutrition, Detoxification of Drugs, Heavy Metals, Toxic Solvents, Herbicides, Pesticides, and Fungicides.

**KA Continuing Education:** Energetic Detox Instructor, Attended many years of Klinghardt Seminars. Since 1999, attends yearly seminars: Level 1: Level 2: Level 3: 2011, 2012, 2014: Biological Medicine 2012, 2013. Healing the Brain 2015; Treating Lyme without Antibiotics, 2014; Energetic Detox: 2012, 2014, Lyme Solutions 2016; 2018 Lyme Light Masterminds- Lecturer Energetic Detox Workshop.

**Cert. practical and written exam 6/12 Last Training: 2019**

**Kelley Teixeira, MSN, APRN****A Functional Approach, PA**

817 Douglas Ave, Ste 179  
Altamonte Springs, FL 32714  
**Ph: 407-331-5050**

[www.AFunctionalApproach.com](http://www.AFunctionalApproach.com)

**Education/License:** 2013: MSN- Adult Health Nurse Practitioner, Florida Southern College  
Previous experience as Registered Nurse since 1992

**Professional Organizations:** Institute for Functional Medicine, American Academy of Nurse Practitioners

**Services:** Muscle Testing Methods -Autonomic Response Testing, Applied Psycho Neurobiology, NeuroEmotional Technique,

Nutrition, Functional Medicine, NaproTechnology, Hair Analysis, Hormonal Balance.

**KA Continuing Education:** Autonomic Response Testing Level 1: 2017, Level 2: 2017, Level 3: 2018

**Protocols:** 2017, 2019; Autonomic Dysfunction: 2018; Seminars: Brain Masters 2017, 2019, APN 2019.

**Certification:** Practical Exam Nov 2019 and Written Exam Oct, 2019

## Georgia:

**Dave Ou, MD, PC**

**Bridges To Health**

2200 Century Pkwy NE #120

Atlanta, GA 30345

**Ph: 404-418-6010**

**www.drdaveou.com**

**Education/License:** MD. University of Miami School of Medicine, 1996

Residency in Internal Medicine, Emory University School of Medicine 1999

B.A., Physics, Cornell University, 1992

Licensed Physician (Georgia)

Registered in Acupuncture (Georgia)

Board Certified by the American Board of Internal Medicine

**Services:** Autonomic Response Testing Muscle Testing Methods by DHS, Integrative Medicine, Functional Medicine, Shoemaker Protocol for Mold Illness

**KA Continuing Education:** Autonomic Response Testing Level 1, Level 2, Level 3: 2012-2013-2014 2015, 2016, 2017, 2018. Klinghardt Protocols, 2013, 2015; APN, 2013, 2014, 2015; APN2; 2016 Healing Lyme without Antibiotics, 2014; 2016; 2017 Injection Techniques and Skills, 2014. Healing the Brain, 2015, 2017. Klinghardt Immersion Retreat USA 2018, 2019.

Annual Retreats, 2013, 2014, 2015

**Cert. 8/14 Last Training: 2019**

**Terry Thompson Horn**

2200 Century Pkwy NE #120

Atlanta, GA 30345

Phone: 770-385-0940

**Fax: 404-418-6010**

**[www.bridgestohealth.com](http://www.bridgestohealth.com)**

**Education/License:** BA, University of Florida, 1979

MA, Georgia State University, 1982

Lie Professional Counselor GA 1993

Certified Imago Relationship Therapist

**Professional Organizations:** American Psychological Assoc, American Psychotherapy Association, Imago Relationships International, American Counseling Assoc., American Mental Health Counselors Assoc., Assoc. For Comprehensive Energy Psychology

**Services:** Applied Psycho-Neurobiology, Autonomic Response Testing, MFT, EFT, Relationship Counseling, Anxiety, Depression, PTSD, Childhood Abuse Issues.

**KA Continuing Education:** Autonomic Response Testing Muscle Testing Methods with DHS- All Modules: 2016, 2017, 2019 Klinghardt Protocols, 2013, 2015, 2016; APN, 2013, 2014, 2015, 2016; APN2; 2016 Healing Lyme without Antibiotics, 2014; 2016 Annual Retreats, 2013, 2014, 2015, 2019.

**Cert. 12/16 Last Training: 2019**

**Martin Van Lear, FNP-C****Tree of Light Health LLC**

235 East Ponce De Leon Ave. Suite 308

Decatur, GA 30030

**Ph: 404-543-4158**

[www.treeoflighthealth.com](http://www.treeoflighthealth.com)

**Education/License: Family Nurse Practitioner (FNP) 2017 to Present**

American Academy of Nurse Practitioners License – AANP 2014- Present

ICU Nurse- Emory University Hospital 2008 – 2014

NP Registered 2013 – Mercer University/Georgia Baptist School of Nursing 2006

MSN – Georgia State University, Atlanta, GA 2014

BS Hampden- Sydney College, 1993

**Services:** Autonomic Response Testing Muscle Testing Methods with DHS, Applied Psycho Neurobiology, Integrative Functional Medicine, Nutritional IV Therapy, Classical Homeopathy, Bio-Identical Hormone Replacement, TENSAM, Microcurrent, Meridian Stress Analysis, mitochondrial support, HRV analysis, Emotional Freedom Technique, Emotion Code, Hypnotherapy.

**KA Continuing Education:** Autonomic Response Testing Level 1: 2017, Level 2: 2017, Level 3: 2017; Core Solutions 2019; APN 2019.

**Protocols:** 2017, 2019; Autonomic Dysfunction: 2018; Seminars: Brain Masters 2017, 2019

**Certification:** 2019

**Hawaii:****Michele Sayball, ND**

Maui, HI

[drsayball@gmail.com](mailto:drsayball@gmail.com)

**Ph: 802-258-2437**

**Education/License:** Bastyr University ND Program, Resident with Dr. Klinghardt 2017-2018.

**Services:** Autonomic Response Testing Muscle Testing Methods with DHS, Neural Therapy Injection Techniques, Midwife

**Professional Organizations:**

**KA Continuing Education:** Level 1: 2017, 2018; Level 2 : 2017, 2018 Level 3: 2017, 2018, Neural Therapy/Injection Techniques : 2017, 2018; APN: 2017; Immersion Week Retreat USA 2018, 2019.

**Cert:** 9/18 **Last Training: 2019**

**Illinois:****Melody Hart, ND, PhD**

127 S. Second St.

Geneva, IL 60134

[www.hartcenter.com](http://www.hartcenter.com)

**Ph: 630-262-5055**

Fax: 630-262-5053

**Education/License:** 1997, Midwest University, ND, PhD.

**Services:** Autonomic Response (ART) Muscle Testing Methods, Thermography, Brain Neuro Feedback, Oxygen Therapy.



**Professional Organizations:**

**KA Continuing Education:** Level 1:2002, 2010 Level 2:2004, 2010 Level 3: 2009, 2012, Neural Therapy A: 2005 Neural Therapy B: 2003, Mesotherapy: 2005, APN: 2002, 2006, Healing the Brain: 2007,2017; Lyme: 2012, 2016, 2018; Retreat: 2010, Biological Medicine 2012, Shadowing Week:2010. Klinghardt Protocols: 2014. Klinghardt Brain Masters 2019.

**Cert:** 6/12 **Last Training:** 2019

## Maryland:

**Fred Bloem, MD**

4108 Alfalfa Terrace,  
Olney, MD 20832

**Ph: (301) 260-2601**

Fax:240-206-2740

[www.drbloem.com](http://www.drbloem.com)

**Education/License:** Ryksuniversiteit Leiden, The Netherlands, School of Medicine 1989 Sinai Hospital of Baltimore, Internship Internal Medicine 1991 George Washington University Medical Center Anesthesiology 1992 Prince George Hospital Center Family Medicine 1994

**Services:** Autonomic Response (ART) Muscle Testing Methods with DHS, KA Continuing Education: Lyme Conference: 2016, 2018, Injection Techniques: 2016, Protocols: 2016, 2017, Healing the Brain Conference: 2017, APN: 2017, ART 1: 2017, ART 2: 2016, 2017, 2018, ART 3: 2016; Lyme Light Masterminds 2018. Cert: 3/18 Last Training: 2019

## Nebraska:

**Loretta Baca, MD****The Center for Health**

302 So. Jeffers St.  
North Platte, NE 69101

**Ph: 308-534-6687**

Fax: 308-534-1874

[www.yourcenterforhealth.com](http://www.yourcenterforhealth.com)

**Education/License:** Undergraduate: Colorado State University 1976 – B.S. with Distinction

**Medical School:** University of Colorado, 1984, MD

**Residency:** University of Colorado (PGY-I, PGY, III)

St. Josephs Hospital (PGY-II)

Chief Resident: Saint Joseph Hospital 1987-1988

Fellowship, Rheumatology: University of Colorado 1992-1995

Assoc. Program Director, Dept of Medicine, Saint Joseph Hospital 1990-1998

Assoc. Professor, Dept. of Medicine, University of Colorado Health Sciences Center, 1988-1999

**Services:** Internal Medicine, Autonomic Response (ART) Muscle Testing Methods with DHS, AN-DI Energetic Corrector, Microcurrent, UVIB, Ozone, IV Vitamin C

**Professional Organizations:** American College of Physicians, American college of Rheumatology, Alpha Omega Alpha Medical Honor Society

**KA Continuing Education:** Level 1: Level 2: Level 3: **1999 to present**, APN 2012, Retreat 2012

**Cert:** 12/8 **Last Training:** 2012

## New Jersey:

### Nicolas Carruthers, DC Integrative Wellness Group

616 5th Avenue #105

Belmar, NJ 07719

[732.842-2610](tel:732.842-2610)

<https://integrativewellnessgroup.com>

- Doctorate degree from Life Chiropractic College West, Cum Laude
- Bachelor's degree from Wartburg University in Fitness Management
- Active Member of the "DHS-Klinghardt Academy"
  - Autonomic Response Technique Level 1, Level 2, Level 3.
  - ART Protocols & Solutions; Applied Psycho Neurobiology
  - Klinghardt Lyme Solutions
- **Services:** Full Body Chiropractic (spine and extremities)
- Mindset Coaching
- Autonomic Response (ART) Muscle Testing Methods with DHS and Applied Kinesiology
- Integrative Emotional Release
- Energy work and how different energetic systems affect the body
- qEEG or Quantitative Electroencephalography to detect the brain's electrical patterns known as brainwaves

**KA Continuing Education:** Level 1: 2016, Level 2: 2017, 2018, Level 3, 2018; Lyme Solutions 2016, Protocol Solutions 2017; APN, 2017; Klinghardt Immersion Week Retreat USA 2018, Klinghardt Brain Masters Conference 2019.

**Cert:** 9/18 **Last Training:** 2019

### Debbie Floyd Discovery Health Solutions Academy Director

2 Orchard Way

Warren, NJ 07059

Ph: 908-899-1650

[www.DiscoveryHealthSolutions.com](http://www.DiscoveryHealthSolutions.com)

Executive Director – DHS-Klinghardt Academy 2010 - 2020

Instructor- ART Workshops- Annual Retreats- APN Workshops- Family Constellation- Color Therapy and Protocols Workshops and Seminars.

Health Coach- Patient Advocate- Practitioner Supportive Coach- Workshop Coordinator, Emotional/Spiritual Lecturer.

Academy Director - **Attended and Organized all Klinghardt Academy Trainings**

### Sharon Lee Rasa, DC raSa Health

312 Shrewsbury Avenue8

Red Bank, NJ 07701

**Ph: 732-842-2610**

Fax: 732-842-2059

[www.rasahealth.com](http://www.rasahealth.com)

**Education/License: BS Human Biology: Life University, 2001**

**Doctorate Chiropractic: Live University, 2000**

**Author: Heal Hoshimotos- Start with the Gut**

**Services:** Biological, Bioenergetic, Functional Medicine. Autonomic Response (ART) Muscle Testing Methods with DHS. Applied Psycho Neurobiology, Frequency Specific Microcurrent, Neural Therapy with Laser, PEMF

**KA Continuing Education:** Level 1: 2009, Level 2: 2010, Level 3, 2010, 2011, 2012, 2014 Chemical & Heavy Metal: 2009, Retreat: 2009, 2010, 2011, Energetic Detox: 2012, Healing the Brain, 2013, 2015; 2017; Klinghardt Protocols: 2014; Treating Lyme without Antibiotics, 2014, 2016 Lyme Light Masterminds 2018, Klinghardt Brain Masters 2019.

**Cert:** 5/13 **Last Training:** 2019

**Lisa Diamond Rosenthal**

**LDR Healing**

lrosenthal22@gmail.com

117 Montclair Ave,

Montclair NJ 07042

Serving NYC & Northern NJ

[lisadiamondrosenthal@gmail.com](mailto:lisadiamondrosenthal@gmail.com)

973-476-5616

[www.LDRHealing.com](http://www.LDRHealing.com)

**Services:** Life and Health Coach specializing in Autonomic Response (ART) Muscle Testing Methods with DHS, APN Psycho-Emotional Work, Family Constellations, Trauma and Emotional Healing, Chinese Herbal Medicine, Energetic Detox, Color and Sound Therapy.

**Cert:** 2019

**New Mexico:**

**Laurie Blackwood LMT & Kristine Roy, PT, LMT**

Something's Moving

6902 4<sup>th</sup> St. NW

Albuquerque, NM 87107

**Ph: 505-345-3909**

**Fax:** 505-503-7887

[www.somethingsmoving.com](http://www.somethingsmoving.com)

**Education:** Massage Therapy programs: Universal Therapeutic Massage Institute, 2005

Pauline Fullers School of Massage Therapy, 1988

Undergraduate: Skidmore College, BA Classical Studies, 1983

USTA certified Trager Practitioner, 1990 - present

**Services:** Cranial Sacral Therapy, Visceral Manipulation, Dynamic Manual Interface, Continuum Wellspring, Trager movement education. We are health Artists providing manual therapy movement education. We work with adults & children and those with neurologic conditions and chronic pain issues.

**KA Continuing Education:** Autonomic Response (ART) Muscle Testing Methods with DHS, Level 1: 2006, 2009, Level 2: 2006, 2009, Level 3: 2009, 2013, 2015; APN Mental Field Therapy, 2009, 2012, Family Constellation Training 2005, Chemical & Heavy Metal Toxicity 2009, Lyme and Other Chronic Infections: 2009, Autism the Integrative Protocol 2010, Healing the Brain 2010, Retreat 2011, Neural Therapy 1, 2010, Klinghardt Matrix Therapy, 2007, Autism Recovery 2007, Annual Retreat 2014.

**Cert 3/13 Last Training:** 2016



## New York:

### Dov Widenbaum, DC

Widenbaum Wellness Center

81 W. Carlton Rd

Suffern, NY 10901

[www.widenbaumwellnesscenter.com](http://www.widenbaumwellnesscenter.com).

**Ph: 845-425-7777**

**Education/License:** University of the State of New York

**Services :** Autonomic Response (ART) Muscle Testing Methods with DHS, Chiropractic, Allergies, Auto-Immune issues and a complete range of health treatments available. See the website for more information.

**Professional Organizations:**

**KA Continuing Education:** ART1: 2011, ART2, 2012, ART 3, 2011, 2012, 2014, A Deep Look Beyond Lyme: 2011, Biological Medicine 2012; Treating Lyme without Antibiotics, 2014, 2016. Healing the Brain 2017 Lyme Light Masterminds 2018; Kinghardt Brain Masters 2019.

**Cert:** 6/12 **Last Training: 2019**

## Oregon:

### Jens Riogeist, L.Ac

Newberg Natural Health Center

1819 Haworth Ave.

Newberg, OR 97132

**Ph: 503-538-5128**

Fax: 503-538-0282

**Education/License:** Licensed Acupuncturist, 2002, Oregon College of Oriental Medicine, Master of Acupuncture and Oriental Medicine, Oregon College of Oriental Medicine PHD Dept of Plant Pathology. Univ of Wisc.-Madison 1988.

**Practice Specialty:** Clinical Nutrition, Acupuncture, Autonomic Response (ART) Muscle Testing Methods.

**KA Continuing Education:** Level 1: Level 2: Level 3 2011, 2012, 2013, 2015; Applied Psycho Neurobiology: 2011, 2012, 2013; DHS-Annual Retreat, 2011, 2012, 2013, 2014; DHS-Deep Look Beyond Lyme 2011, Injection Techniques 2011, DHS-Klinghardt Protocols 2013. Lyme Solutions 2017; DHS-Klinghardt Immersion Week Retreat USA 2019.

**Cert:** 6/12, **Last Training: 2019**

## Pennsylvania:

### Lisa Baas B.A, B.S., L.OM, M.PS.

#### Lisa Baas Living Arts Medicine

2358 Sunshine Rd.

Allentown, PA 18103

[www.livingartsmedicine.com](http://www.livingartsmedicine.com)

**PH: 610-841-9300**

Fax: 435-412-7273

**Education/License:** 2015 LOM; Licensed in Acupuncture & Oriental Medicine, NJ  
2006 LOM; Licensed in Acupuncture & Oriental Medicine, PA  
2006 B.S. Health Science, M.P.S Acupuncture; Oriental Medicine,  
Mercy College, NY

**Certifications:** 1983 B.A. Environmental Studies, Friends World College, NY  
2014 Autonomic Response Testing  
2006 Baubiology Electromagnetic Remediation  
1986 Shiatsu Certification, International School of Shiatsu, PA

**Practice Specialty:** Acupuncture, Oriental Medicine, Shiatsu, Dietary Counseling,  
Autonomic Response (ART) Muscle Testing Methods -DHS, Lifestyle Counseling

**KA Continuing Education:** Level 1: 2010, Level 2:2010, 2011, 2012; Level 3 2011, 2014; Applied  
Psycho Neurobiology: 2014; Annual Retreat, 2011, 2013;, Protocols 2013, Healing the Brain 2013,  
2015; Energetic Detox 2014; Healing Lyme without Antibiotics: 2016; Unmasking Autonomic  
Dysfunction 2018, Core Protocol Solutions

**Cert:** 12/14, **Last Training:** 2019

## **Cynthia Hofmann-Coale, NTP, CNHP** **Well of Life Center for Natural Health**

201 Farm Lane, Doylestown, PA 18901  
215-340-3930

801 West Broad Street, Bethlehem, PA 18081  
610-419-8881

[www.welloflifecenter.com](http://www.welloflifecenter.com)

**Education/Certification:** Nutritional Therapy Association, 2010  
National Association of Certified Health, 2012

**Practice Specialty:** Autonomic Response (ART) Muscle Testing Methods , Nutrition, Chiropractic Care,  
Fitness, Massage, Acupuncture, CranioSacral Therapy, Lymphatic Therapy, Cooking classes, NET.

**KA Continuing Education:** Level 1, 2013, 2015, 2017; Level 2, 2013, 2015, 2016, 2017, 2019;  
Level 3, 2014, 2015, 2019; Protocols 2014; Treating Lyme without Antibiotics, 2014, 2016; Annual  
Retreat 2014, APN 2015, ; APN2: 2016; Brain Solutions, 2017, Brain Masters 2019; Klinghardt  
Immersion Week Retreat USA 2019.

**Cert:** 3/14, **Last Training:** 2019

## **Marc Schwartz, DC**

**Instructor:** Klinghardt Academy

**Schwartz Alternative Health**

261 Old York Road # 534, Jenkintown PA 19046

[www.drschwartzonline.com](http://www.drschwartzonline.com)

**215-881-9700**

**Education/License:** **Undergrad** - Temple University '84 - Physical Therapy

**Graduate** - Life University '87 - Chiropractic -Summa Cum Laude

**Post Graduate Board Certification in: Sports – L.A.C.C.,  
Rehab L.A.C.C.**

**Nutrition – CNCB, Applied Kinesiology – IBAK**

## **Manipulation Under Anesthesia, NCC**

**Practice Specialty:** Autonomic Response Testing, Clinical Nutrition, Applied Kinesiology, Chiropractic, Cancer Care, Food allergies, Nutrition, Digestive Disorders, vitamin and Mineral Deficiency, Metabolic Testing, Detoxification, Lyme Disease, Thyroid disorders, Bio Identical Hormone Restoration.

**Continuing Education:** Instructor, Autonomic Response (ART) Muscle Testing Methods and Core Protocol Solutions with DHS. Unmasking Autonomic Dysfunction – Emotional Work.  
Instructor Certified: 2011

**KA Continuing Education:** Continues to train at Dr Klinghardt's workshops and other experts yearly.  
Last Training: 2019

### **Elizabeth "Lisa" Thomassen, D. PSc**

#### **Integrative Oxygen Therapies**

261 Old York Road # 535, Jenkintown PA 19046

[www.drschwartzonline.com](http://www.drschwartzonline.com)

**215-881-9700**

**Education/License:** Bucks County School of Beauty Culture 2006,  
Professional School of Massage, 2003

**Certifications:** Esthetician, 2006 license, Diplomat of Pastoral Science 2013.

**Practice Specialties:** Autonomic Response (ART) Muscle Testing Methods, Nutrition, Bio Energetic Balancing, Autism, Allergies, Lyme Disease, Holistic Skin care, Body Ecology.

**KA Continuing Education:** Autonomic Response Testing Level 1, 2, and 3 2011-2015; A Deep Look Beyond Lyme Disease 2011; Healing the Brain 2012; Applied Psycho Neurobiology 2011, 2012, 2013; Healing the Brain, 2010, 2012; Injection Techniques, 2011, 2013, 2014; Treating Lyme without Antibiotics 2014; Annual Retreat, 2011, 2012, 2013; Protocol Workshop 2014, 2015.

**Cert. 2013 Last Training: 2017**

## **Washington State:**

### **Tara Boyd, ND**

#### **Sophia Health Institute**

18106 140th Ave NE, Ste 102

Woodinville, WA 98072

[www.sophiahealthinstitute.com](http://www.sophiahealthinstitute.com)

425-402-4401

**Education/License:** Bastyr University /Naturopathic Physician

**Practice Specialty:** Autonomic Response (ART) Methods, Lyme Disease, Neural Therapy.

**KA Continuing Education:** Works directly with Dr. Klinghardt, attends Academy events.

**Certification: 2017, Last Training: 2018**

### **Katie Dahlgren, ND**

#### **Holistic Healing Arts**

22815 Edmonds Way, Edmonds, WA 98020

[www.holistichealingarts.org](http://www.holistichealingarts.org)

phone [425.582.7678](tel:425.582.7678)

fax [425.582.7032](tel:425.582.7032) Education/License: Naturopathic Physician, Bastyr University / Assists Dr. Klinghardt **Practice Specialties:** Pre-Conception Health, Lyme Disease, Autism & Chronic Conditions, Muscle Testing Methods.

Continuing Education: Worked directly with Dr. Klinghardt, attends Academy events.

**Instructor Cert:** 2011, **Last Training:** 2018

## **Amy Derksen, ND**

### **Holistic Healing Arts**

22815 Edmonds Way, Edmonds, WA 98020

[www.holistichealingarts.org](http://www.holistichealingarts.org)

phone [425.582.7678](tel:425.582.7678)

fax [425.582.7032](tel:425.582.7032)

Education/License: Naturopathic Physician, Bastyr University  
BS Biochemistry, Western Washington University

**Practice Specialties:** Autism, ADD, Lyme Disease, Autonomic Response (ART) Methods, Detox  
KA Continuing Education: Instructor for the DHS-Klinghardt Academy

**Cert:** 2011, **Last Training:** 2018.

## **Michele Grindstaff, ND**

### **Holistic Healing Arts**

22815 Edmonds Way, Edmonds, WA 98020

[www.holistichealingarts.org](http://www.holistichealingarts.org)

phone [425.582.7678](tel:425.582.7678)

fax [425.582.7032](tel:425.582.7032)

Education: ND, Bastyr University

**Practice Specialty:** Naturopathic Physician, Assists Dr. Klinghardt, Autonomic Response Testing, Lyme Disease and other conditions

**KA Continuing Education:** Worked directly with Dr. Klinghardt, Attends DHS- K-Academy Events

**Instructor Cert:** 2011, **Last Training:** 2018.

## **Dr. Jennifer Grushon**

### **Sophia Health Institute**

18106 140th Ave NE, Ste 102

Woodinville, WA 98072

[www.sophiahealthinstitute.com](http://www.sophiahealthinstitute.com)

425-402-4401

DrGrushon@sophiahi.com

Education/License: Bastyr University /Naturopathic Physician

**Practice Specialty:** Autonomic Response (ART) muscle testing methods, Lyme Disease and other conditions.

**KA Continuing Education:** Worked directly with Dr. Klinghardt, attends Academy events.

**Certification:** 2017, **Last Training:** 2018

## **Alison Kerns, ND**

## **Market Place Naturopathic**

2107 Elliott Ave, Suite 307

Seattle, WA 98121

Phone: **206-853-6809**

Fax: 888-975-1567

Info@MarketPlaceNaturopathic.com

Education/License: Bastyr University /Naturopathic Physician, Assists Dr. Klinghardt

**Practice Specialty:** Family Constellations, Psycho Kinesiology - Travels for group sessions by appointment. **DHS**-Autonomic Response (ART) Muscle Testing Methods , Neural Therapy, Lyme Disease and other conditions.

**KA Continuing Education:** Worked directly with Dr. Klinghardt, attends DHS-K.Academy events. Instructor in Psycho Kinesiology and Family Constellations.

**Certification: 2016, Last Training: 2019**

## **Jadie Ko, ND**

### **Sophia Health Institute**

18106 140th Ave NE, Ste 102

Woodinville, WA 98072

[www.drjadieko.com](http://www.drjadieko.com)

425-644-2273

**Education:** ND, Boucher Institute of Naturopathic Medicine, 2011

BSC, University of Calgary, 2007

**Practice Specialty:** Chronic Disease Neurological Disorders, Chronic Fatigue, Fibromyalgia, Anxiety, Depression, Detoxification. Offers: Craniocacral Therapy, Neural Therapy, Intravenous Therapies, Autonomic Response Testing, Applied Psycho Neurobiology.

**KA Continueing Education:** Autonomic Response (ART) DHS-Muscle Testing Methods, Level 1, 2012, 2016; Level 2, 2012, 2016; Level 3, 2013, 2015; Applied PsychoNeurobiology, 2013; Neural Therapy & Injection Techniques, 2014; Klinghardt Protocols 2014; Healing the Brain 2015. Lyme Solutions 2017, Immersion Week Retreat 2019.

**Certification: 2015, Last Training: 2019**

## **Jagna Larson, L.Ac**

### **Sophia Health Institute**

18106 140th Ave NE, Ste 102

Woodinville, WA 98072

[www.sophiahealthinstitute.com](http://www.sophiahealthinstitute.com)

**425-402-4401**

Education/License:

**Practice Specialty:** Acupuncture, Autonomic Response (ART) Muscle Testing Methods -DHS, Lyme Disease and other conditions.

**KA Continuing Education:** Worked directly with Dr. Klinghardt, attends Academy events.

**Certification: 2016, Last Training: 2019**

**Amanda Wilms, ND - pending per written test**

## **Sophia Health Institute**

18106 140th Ave NE, Ste 102

Woodinville, WA 98072

[www.sophiahealthinstitute.com](http://www.sophiahealthinstitute.com)

**425-402-4401**

Education/License: Bastyr University /Naturopathic Physician, Assists Dr. Klinghardt

**Practice Specialty:** Autonomic Response (ART) Muscle Testing Methods-DHS, Lyme Disease, APN and other conditions.

**KA Continuing Education:** Worked directly with Dr. Klinghardt, attends Academy events. Immersion Week Retreat 2019.

**Certification: 2016, Last Training: 2019**

## **Alena Zweben, ND**

Market Place Naturopathic

2107 Elliott Avenue, Suite 203

Seattle, WA 98121

[www.DRALENAZWEBEN.com](http://www.DRALENAZWEBEN.com)

info@marketplacenaturopathic.com

**206-853-6809**

Education/License: Bastyr University /Naturopathic Physician, Assists Dr. Klinghardt

**Practice Specialty:** Autonomic Response (ART) Muscle Testing Methods with DHS, Lyme Disease and other conditions.

KA Continuing Education: Worked directly with Dr. Klinghardt from 2011 – 2013.

**Cert.: 2011, Last Training 2019**

## **USA- Certified Nutrition-Psycho-Therapy-Body workers- Health Coaches & Patient Advocates**

“Klinghardt Academy-Discovery Health Solutions Certified Health Coaches” are non-licensed personal Health Advocates.

They work with clients by offering personal nutritional and health coaching, guiding them to the right physicians who understand Dr. Klinghardt's solutions and offer supportive protocols.

## **Lisa Ann de Garcia, MA, MEd., FDN-P, D.PSc – Nutritional Coach**

Whole Child Learning and Wellness

2876 Willow Way, Lehi, UT 84043

385-484-1499

[lisa@wholechildlearningandwellness.com](mailto:lisa@wholechildlearningandwellness.com)

<https://wholechildlearningandwellness.com>

**Education / Certifications:** Functional Diagnostic Nutrition Practitioner (2016)

Diplomat of Pastoral Science (2017)

Blomberg Rhythmic Movement Training Instructor (2017)

Brain Gym Instructor (2016)

Masters of Education (2010)

Masters of Arts (Education of Deaf and Hard of Hearing – 1996)



**Services:** Children (and families) with learning and behavior disorders (ASD/ADD/ADHD/Dyslexia, etc.); Functional Diagnostic Nutrition (Health Coaching / lab testing); Detoxification; Ionic Foot Bath; QRI laser protocols; Primitive Reflex Integration; Mind/body/sensory integration; Interactive Metronome, The Listening Program.

**KA Continuing Education:** Autonomic Response (ART) Muscle Testing Methods with DHS- Level 1 & 2 (2018), level 3 (2018 & 2019), Protocol (2018), Applied Psycho Neurobiology (2018), Unmasking Autonomic Dysfunction (2019), Energetic Detox (2019)

**Cert:** 09/19 **Last Training:** 2019

**Barbara Gray, MS, RDN LDN Nutrition - Coach**  
**Food for Life**

1820 Riggins Road, Suite 2

Tallahassee, FL 32308

Office: (850) 556-7177

[foodforlifemail@icloud.com](mailto:foodforlifemail@icloud.com)

[www.Foodforlife.biz](http://www.Foodforlife.biz)

**Education/Certifications:** University Southern Mississippi, BS Dietetics 1990; MS Food Systems 1991.

**Practice Specialties:** Nutrition and Autonomic Response (ART) Muscle Testing Methods with DHS.

**KA Continuing Education:** ART Level 1 & 2 & 3 Sept 2017  
Core Solutions for ART Nov 2018  
Lyme Light Conference May 2018  
Applied Psycho Neurobiology 2019

**Cert:** 12/19

**Ken Krall- Nutritional- Client Nutritional Coach, & Advocate**

**Ken's Garage**

**701 Patricia Drive, San Luis Obispo, CA 93405**

**805-215-0429**

**Education/Certifications:** Certified Natural Health Professional Emotion Code Practitioner

**Practice Specialties:** ART, Emotion Code/Body Code, Cold Laser, RRT, Ozone

**KA Continuing Education:** Autonomic Response (ART) Muscle Testing Methods, Level 1 & 2 & 3  
Injection Techniques 2015, 2016  
Applied Psycho Neurobiology 2018  
Immersion Week Retreat 2019

**Cert:** 12/18 **Last Training:** 2019

**Ellie Prett – Sound Therapy-Color Therapy- Health Coach**

Dalton, MA 01226

413-684-3105

[ellieprett@gmail.com](mailto:ellieprett@gmail.com)

**Practice Specialties:** Autism Support, Autonomic Response (ART) Muscle Testing Methods with DHS, Music-Sound therapy, Color Therapy,

**KA Continuing Education:** ART Level 1 & 2 & 3 2013, 2014  
Biological Medicine- Brain Solutions 2014, 2017  
Applied Psycho Neurobiology 2015, 2019  
Core Protocols, Retreats 2014  
NJ Lyme Conference - 2018

**Cert:** 2019

## **Brad Rothman – Health Coach**

### **Cornerstone Codes**

44505 SE 151st St

North Bend, WA 98045

425-922-4491

[Brad@cornerstonecodes.com](mailto:Brad@cornerstonecodes.com)

**CornerstoneCodes.com**

**Practice Specialties:** Autonomic Response (ART) Muscle Testing Methods-DHS; Rife Technology;

**KA Continuing Education:** Autonomic Response Testing Level 1, 2, 3, 2019; Core Protocol Solutions 2019; APN 2019

**Cert:** 2019

## **Daisy White, Patient Advocate - Coach**

Los Angeles, CA

213-503-4757

[ADWProfCoaching@aol.com](mailto:ADWProfCoaching@aol.com)

[www.DaisyWhite.Com](http://www.DaisyWhite.Com)

**Education/License:** Bennington College 1986-1989, Trinity School of Natural Health Online, 2019

**Services:** Health Coaching, Chronic Illness-Lyme Disease Support

**KA Continuing Education:** Level 1: 2012, 2017, Level 2: 2017, 2019; Healing the Brain: 2017, 2019, Immersion Week Retreat 2017, 2019; Klinghardt Protocols 2017, Applied Psycho Neurobiology, 2018

**Cert:** 12/17

## **International Certified Practitioners**

### **CANADIAN Referrals**

**Calgary, Alberta:**

**Eugene Quan, ND**

**Western Naturopathic**

152 1440 52<sup>nd</sup> St. NE

Calgary, Alberta T3A 6G5

**Ph: 403-295-8547**

Fax: 403-207-8846

[www.westernnaturopathic.com](http://www.westernnaturopathic.com)

**Education/License:** BSP, University of Saskatchewan 1974

ND, Canadian College of Naturopathic Medicine 2001

**Practice Specialties:** Autonomic Response Testing, Cancer, Chronic Illness

**Continuing Education:** Level 1: 2012, Level 2: 2012, Level 3: 2012, 2014, 2015; Family

Constellations: 2013, Injection Techniques 2013; Protocols 2014. Treating Lyme without Antibiotics, 2014; Brain Solutions 2017.

**Cert. 7/13 Last Training: 2018**

## British Columbia:

### Ontario:

**Dr Jo Ann "Jody" Bowle-Evans, MD, CCFP,  
CGPP**

Family physician specialized in the practice of  
Integrative Biofeedback Psychotherapy

9 Elizabeth Street East,  
Creemore, Ontario, L0M 1G0  
CANADA

**Ph: 1-705-466-5013**

Fax: 1-705-466-5828

[dr.jody@rogers.com](mailto:dr.jody@rogers.com)

<http://www.jody-bowle-evans.ca/>

**Education/License:** B.A. Psychology 1963 and MD 1967 Queens University, Kingston, Ontario; Certified by the College of Family Physicians of Canada 1975

Certificant of the GPPA (General Practice Psychotherapy Association) 2006

CPSO College of Physicians and Surgeons of Ontario license # 21830 since 1969

**Services:** psychotherapy, ART, Uriel VitalTone, Heart rate variability testing

**Practice Specialities:** DNMS (Developmental Needs Meeting Strategy), EMDR, Brain spotting, Hypnosis, Sensorimotor processing and Biofeedback using ART for Psycho-kinesiology and for assessment and treatment decisions for chronic diseases and detoxification with a special interest in PTSD (post traumatic stress disorder) and Dissociative Disorders.

**Continuing ART Education:** Level 1 2012, 2015; Level 2: 2012, 2015 Level 2 2013, 2016 Injection Techniques 2014 Healing the brain 2015 APN 1 2012, 2015, 2016, Klinghardt Protocols 2015, Healing Lyme without antibiotics 2016; Brain Solutions 2017; Klinghardt Brain Masters USA 2019.

**Cert: 6/16 Last Training: May 2019**

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## TAIWAN:

**Daniel, Wei-Chuan Wang, MD**

Shen-Shen Regenerative Medicine and Rehabilitation Center  
+886-22528-9018

No. 39, Sanmin Rd., Songshan Dist., Taipei City 105, Taiwan

<http://www.shenshenrehab.com.tw/>

Languages: Mandarin, English, Japanese

**Education/License:** Medical Dept. of National Yang Ming University, Taiwan in 2007

Licensed Medical Doctor in Physical Medicine and Rehabilitation in Taiwan since 2007

Education: Prolotherapy and PRP injection training by HHFP and AAOM, NKT (NeuroKinetic Therapy), Prolozone training by AAOT, Perineural Injection Techniques by Dr. John Lyftogt, MSKUS (Musculoskeletal Ultrasound) training by Dr. Tom Clark, PAK (Professional Applied Kinesiology), SFMA (Selective Functional Movement Assessment), IIVNTP (International IntraVenous Nutritional Therapy for Professionals), VM (Visceral Manipulation), FSM (Frequency Specific Microcurrent), OMT (Osteopathic Manipulation Techniques), AT (Anatomy Trains),  
Full educational review (Mandarin): <https://www.everanpmr.com/blank-2>

#### **Professional Organizations:**

Vice President of TAPRM (Taiwan Association of Prolotherapy and Regenerative Medicine)  
Director of PMR Dept. of Everan Hospital, Taichung Taiwan  
Fellow of HKIMM (Hong Kong Institute of Musculoskeletal Medicine)  
Member of AAOM (American Academy of Orthopedic Medicine), IFM (Institute for Functional Medicine), Taiwan Society of Ultrasound in Medicine, TASM (Taiwan Academy of Sports Medicine),

**Services:** Autonomic Response Testing, Applied Psycho Neurobiology, Prolotherapy and Regenerative Medicine, Functional Medicine, Musculoskeletal Ultrasound examination, SFMA (Selective Functional Movement Assessment), Frequency Specific Microcurrent, NKT (NeuroKinetic Therapy)

**KA Continuing Education:** Autonomic Response Testing Level 1: 2018, Level 2: 2018, Level 3: 2018

**Protocols:** 2019; Seminars: Neural Therapy 2018, Brain Masters NJ 2019, Applied Psycho-Neurobiology 2019.

**Certification- USA:** 2019

**Cert. USA Discovery Health Solutions 12/19 Last Training: 2019**

## **UNITED KINGDOM**

**Itsuko Miyata**

**Deep Blue Sea Holistic**

Twickenham TW1

London WC1X

+44 (0) 7482 809 700

[info@deepblueseaholistic.co.uk](mailto:info@deepblueseaholistic.co.uk)

<https://www.deepblueseaholistic.co.uk/>

Itsuko is a fully qualified Kinesiologist Dip A.S.K and a Clinical Nutritionist certified by the BioIndividual Nutrition Institute. She is also an Autonomic Response Testing (ART) and Bi-Digital O-ring practitioner trained at Klinghardt Academy- Discovery Health Solutions in the USA. She is also one of the few therapists in the UK, trained in Mitochondrial treatment with Heart Rate Variability testing. She holds a Master's degree in Social Anthropology from University of Manchester.

**Services:** Autonomic Response Testing, Biomedicine, Nutrigenomics, Clinical nutrition, Herbal remedies, Homeopathy, Homotoxicology, Biophoton laser, Frequency-based remedy and Emotional release. **Experienced treating the Autism community.**

**Continuing ART Education; ART Levels 1 & 2 2017; Core Protocol Solutions 2018; ART Level 3 2019; APN 2019 CERT USA: 2019**

**Timothy P. Williams DO**

3 Ridgeway

Bridport, Uk DT63ED

**Phone: +441297445242**

E-mail: [tim9williams@gmail.com](mailto:tim9williams@gmail.com)

URL: [www.timwilliamsosteopaths.co.uk](http://www.timwilliamsosteopaths.co.uk)

**Education/License:**

**Practice Specialties:** Autonomic Response Testing

**Continuing Education:** Level 1: 2016, 2017, Level 2: 2016, Level 3: 2016, Protocol Solutions 2016, Applied PsychoNeurobiology 2016.

**Cert. USA: 2017 Last Training: 2017**

Contact Discovery Health Solutions- Director Debbie Floyd- **to attend a workshop- order tools or to learn more about our certification process.**



[debbieAfloyd@gmail.com](mailto:debbieAfloyd@gmail.com) 908-899-1650

**A few of the moments honoring our certified practitioners from 2010 to present.**

**Visit our website: [DiscoveryHealthSolutions.com](http://DiscoveryHealthSolutions.com) soon to host a slide show of over 10 years of training healers from around the globe. What an honor to work with you!**







**Thank you for your continued support and spreading the healing work.**

**Contact Discovery Health Solutions- Director Debbie Floyd- to attend DHS workshops**