



New 2020 Workshop Series

Unmasking Autonomic Dysfunction *with* Muscle Testing Methods and Skills.

Uncover the Root Cause to your Health Concerns.

We use an **updated** and enhanced biofeedback physical exam which uses changes in muscle tone as primary indicator producing **the most reliable consistent responses over other forms of muscle testing** going deeper into the matrix and intercellular levels: body, mind, emotion and spirit. **Inspired by the teachings of Dietrich Klinghardt MD, Dr. Louisa Williams, Y.Omura MD, F.A.Popp, PhD Raphael von Assche, DO, Paul Nogier MD Bert Hellinger, Dr Voll and others-** we have developed a new and deeper testing system to clear deep emotional entanglements-releasing symptoms. An easy system to learn once you have developed the muscle testing skills.

Unmasking Autonomic Dysfunction is taught in **three modules** with the core work designed to find and release hidden unresolved emotions blocking the body from healing. We use an accurate comprehensive diagnostic and healing system transforming lives of patients with chronic conditions. This system gives the core tools to become accomplished holistic physicians: our attendees include: **DDS, MD, DO, ND, RN, DC, L.Ac, NP, PhD, Psych, Nutrition, PT, and all modalities of Health Practitioners of Integrative Medicine and Health Coaches.**

Unmasking Modules-

Modules 1 :Basic and Advanced principles of Unmasking with Muscle Testing Methods. Hands-on Workshop and skills taught in progression: finding blocked regulation, Autoimmune -switching, main factors to address, working on all the levels of the bodies energetic field, using the Emotional Unmasking Methods with tools to assess each patient individually.



Module 2: Advanced Core Solutions: Individualized Protocols used with the assessment technique to address the most relevant, acute and chronic illnesses of our time: CFIDS, fibromyalgia, Lyme disease, autism, acute infections, trauma, PTSD, orthopedic problems, Dental Infections, EMF sensitivity, sleeping disorders, MS, ALS and more.

Module 3: Unmasking Autonomic Dysfunction -Emotional Clearing - the ANS is reset and brain neuroplasticity developed with the muscle testing tools put into practice on a deeper, individualized level to reset and reboot the natural body function. This is unique to our program incorporating all 3 modules of testing. Muscle testing is a prerequisite. **Certification opportunity with all modules.** info@DiscoveryHealthSolutions.com

2020

Unmasking Autonomic Dysfunction Series

Join us this year....

...Classes forming

...Register now!

Module 1-

Intro to Unmasking Muscle Testing Methods

March 20-22 East

Sept 11-13 East

Module-2

Core Solutions- Protocols individualized protocols with Unmasking Techniques and practice.

May 1-3 East

Oct 16-18 East

Module 3

Unmasking Autonomic Dysfunction-

Full Psycho-Emotional Workshop –putting the full system in practice.

May 29-31 East

Nov 13-15 East

**Certification Testing
CME Credits available
(908) 899-1650 - office**

An overview below, including some new concepts that make the technique an even more effective comprehensive diagnostic system.

Module 1: Unmasking Fundamentals - Muscle Testing Methods & Skills— Four Basic Steps

Step 1: The body is *stressed* with different modalities:

- Electromagnetically (placing substances in the field)
- Psychologically (APN)
- Structurally (pushing on a tender area, squeezing an organ or gland, stressing a joint etc.)
- Biochemically (giving a medication orally, i.v. or via other route)

Step 2: The practitioner assesses the organism's *response to the stressor* by one of several means:

- The muscle test
- Arm length test
- Bi-digital O-ring test
- Applied Kinesiology Techniques (multiple muscles)
- EAV (electro acupuncture according to Dr. Voll)
- Kirlian photography
- VAS (Nogier pulse)



Step 3: The practitioner *interprets* the stress- response. The guiding principle is as follows:

- If a **mild** stressor causes a stress response, the organism is already under **severe** stress regarding this variable (substance, psychological issues etc.)
- If a **moderate** stress is causing a response in the absence of response to a mild stressor, the organism is under **moderate** stress
- If only a **severe** stress is causing a stress response, the problem of the organism related to this issue is only **mild**

Step 4: Now *therapeutic* modalities are tested.

- Whatever neutralizes the stress response is an agent or a method that will help the organism cope with the underlying cause of the stress. How much (quantitative assessment) it will help can be determined by the quantitative amount of stress response neutralization. Most suitable for quantitative assessment is the bi-digital O-ring test from Y. Omura, MD. If an agent or method is determined to be helpful, it does not mean the patient cannot have adverse side effects to this agent or method. In case of a biochemical intervention, the allergy test is always used to double check an item that has been determined helpful.
- **Yin and Yang:** We differentiate between Yin states and Yang states, and much of our decision making is based on an understanding of both.
- **In case of psychological, structural, environmental and electromagnetic interventions,** things are more complicated and **we offer the individualized solutions in depth in the next 2 modules.**

Basic Muscle Testing Tools are required to attend the Program.

Group Practice Sessions are offered during module 2 and 3.

Module 2: Core Solutions- Protocols for Unmasking

Taught by our team of practitioners sharing their personal techniques and successful solutions with group practice.

Module 3: Unmasking Autonomic Dysfunction – Emotional Clearing, resetting body functions by finding the hidden blocks, addressing root causes to Pain and Chronic symptoms where other modalities have failed. **Group practice.** This enhanced system is used effectively by our participants.

Contact us for course material and a product catalog of essential tools.



DiscoveryHealthSolutions.com - Test kits and Assessment tools- DVD sets.

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