



2020 Workshop Series

“Unmasking Autonomic Dysfunction” **Muscle Testing Methods with** ***Autonomic Response Deep Assessment Skills***

Uncover the Root Cause to your Health Concerns.

Our Academy Master Instructors teach this updated and enhanced biofeedback physical exam which uses changes in muscle tone as primary indicator producing **the most reliable consistent responses over other forms of muscle testing** going deeper into the matrix and intercellular levels: body, mind, emotion and spirit. **Inspired by the teachings of Dietrich Klinghardt MD, Dr. Louisa Williams, Y.Omura MD, F.A.Popp, PhD Raphael von Assche, DO, Paul Nogier MD Bert Hellinger, Dr Voll and experts- we have developed a new, deep and precise testing system- clearing deep emotional entanglements- releasing symptoms.** Easy to learn system for **accurate muscle testing skills.**

Unmasking Autonomic Dysfunction is taught in **three modules** with the core work designed to find and release hidden unresolved emotions blocking the body from healing. We use an accurate comprehensive diagnostic and healing system transforming lives of patients with chronic conditions. This system gives the core tools to become accomplished holistic physicians: our attendees include: **DDS, MD, DO, ND, RN, DC, L.Ac, NP, PhD, Psych, Nutrition, PT, and all modalities of Health Practitioners of Integrative Medicine and Health Coaches.**

Modules 1 :Basic and Advanced principles of Unmasking with Muscle Testing Methods. Hands-on Workshop and skills taught in progression: finding blocked regulation, Autoimmune -switching, main factors to address, working on all the levels of the bodies energetic field, using the Emotional Unmasking Methods with tools to assess each patient individually. **Taught by Dr Marc Schwartz-lead Certified Instructor**

Module 2: Advanced Core Solutions: Individualized Protocols used with the assessment technique to address the most relevant, acute and chronic illnesses of our time: CFIDS, fibromyalgia, Lyme disease, autism, acute infections, trauma, PTSD, orthopedic problems, Dental Infections, EMF sensitivity, sleeping disorders, MS, ALS and more.

Module 3: Unmasking Autonomic Dysfunction -Emotional Clearing - the ANS is reset and brain neuroplasticity developed with the muscle testing tools put into practice on a deeper, individualized level to reset and reboot the natural body function. This is unique to our program incorporating all 3 modules of testing. Muscle testing is a prerequisite. INFO@DiscoveryHealthSolutions.com

An overview below, including some new concepts that make the technique an even more effective comprehensive diagnostic system than classic Kinesiology.

2020

Unmasking Autonomic Dysfunction Series

Join us this year...

...Updated Schedule

Module 1-

Intro to Unmasking Muscle Testing Methods

**May 29-31 alt.June 11-13
Sept 11-13**

Module-2

Core Solutions- Protocols
**Develop individual protocols
and Unmasking Techniques -
July 17-19 with Module 3
Oct 16-18 with review day**

Module 3

**Unmasking Autonomic
Dysfunction- Root of
Illness**
**Psycho-Emotional Workshop
-putting the full system in
practice.
July 17-19 with Module 2
Nov 13-15 with Review day**

CME Credits available

(908) 899-1650 - office



Module 1: Unmasking Fundamentals - Muscle Testing Methods & Skills— Four Basic Steps

Step 1: The body is *stressed* with different modalities: **Beginner & Advanced – 3 Day Workshop**

- Electromagnetically (placing substances in the field)
- Psychologically (APN)
- Structurally (pushing on a teacher area, squeezing an organ or gland, stressing a joint etc.)
- Biochemically (giving a medication orally, i.v. or via other route)

Step 2: The practitioner assesses the organism's *response to the stressor* by one of several means:

- The muscle test
- Arm length test
- Bi-digital O-ring test
- Applied Kinesiology Techniques (multiple muscles)
- EAV (electro acupuncture according to Dr. Voll)
- Kirlian photography
- VAS (Nogier pulse)



Step 3: The practitioner *interprets* the stress- response. The guiding principle is as follows:

- If a **mild** stressor causes a stress response, the organism is already under **severe** stress regarding this variable (substance, psychological issues etc.)
- If a **moderate** stress is causing a response in the absence of response to a mild stressor, the organism is under **moderate** stress
- If only a **severe** stress is causing a stress response, the problem of the organism related to this issue is only **mild**

Step 4: Now *therapeutic* modalities are tested.

- Whatever neutralizes the stress response is an agent or a method that will help the organism cope with the underlying cause of the stress. How much (quantitative assessment) it will help can be determined by the quantitative amount of stress response neutralization. Most suitable for quantitative assessment is the bi-digital O-ring test from Y. Omura, MD. If an agent or method is determined to be helpful, it does not mean the patient cannot have adverse side effects to this agent or method. In case of a biochemical intervention, the allergy test is always used to double check an item that has been determined helpful.
- **Yin and Yang:** We differentiate between Yin states and Yang states, and much of our decision making is based on an understanding of both.
- **In case of psychological, structural, environmental and electromagnetic interventions,** things are more complicated and **we offer the individualized solutions in depth in the next 2 modules.**

Taught for over a decade by our Klinghardt Academy – DHS Certified Instructors

Basic Muscle Testing Tools are required to attend the Program.

Group Practice Sessions are offered during each module.



Module 2: Core Solutions- Protocols for Unmasking

Taught by our team of practitioners sharing their personal techniques and successful solutions with group practice.

Module 3: Unmasking Autonomic Dysfunction – Emotional Clearing, resetting body functions by finding the hidden blocks, addressing root causes to Pain and Chronic symptoms where other modalities have failed. **Group practice.** This enhanced system is used effectively by our participants.

Contact us for details, registration, course material and a product catalog of essential tools.



DiscoveryHealthSolutions.com - Test kits and Assessment tools- DVD sets.

Contact: Debbie Floyd-Director - info@discoveryhealthsolutions.com FAX 908-542-0961

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